

FREE!

Childcare Provider Workshops January 2017

Creating and Updating a Wellness Program

—Shaun Harvard, Nevada County Nutrition and Obesity Prevention Program



Establishing a wellness plan offers countless benefits to children, parents, and child care professionals. Children learn healthy habits at an early age. Parents are confident that their children receive healthy meals, participate in physical activity and are introduced to other healthy practices. And childcare professionals have a clear plan for providing healthy environments for children.

Date: Thursday, January 12, 2017

Time: 6:30-8:30 pm (2 hours)

Location: SNCS, The Learning Center
420 Sierra College Drive, Suite 100, Grass Valley

Register: Call Rene Slay (530) 272-8866 x221 or email: renes@sncs.org

*Light refreshments will be offered

Make and Take Puppets

—Jenn Norris

Date: Thursday, January 19, 2017

Time: 6:00-8:00pm (1.5 hours)

Location: NCSOS Houser Room, 112 Nevada City Hwy

Register: Call Sandi Hedenland (530) 274-5361 or email: sandi@first5nevco.org

*Dinner provided



These trainings count towards your Child Care Initiative Project (CCIP) hours. CCIP is funded by the California Department of Education, Early Education and Support Division.



sierra nevada children's services